



# JCS' Kosher Senior Café

## AUGUST 2025 MEALS

MON

TUE

WED

THU

**Seniors and adults with disabilities of all faiths and backgrounds are welcome to attend.**

4

Pineapple Juice  
Pizza Bagels  
Tossed Salad with Beans  
Fruit Salad

5

Apple Juice  
Turkey Sandwich on Whole Wheat  
Lettuce/ Tomato  
Pretzels  
Fresh Fruit

6

Egg Drop Soup  
Beef With Broccoli  
Brown Rice  
Fresh Fruit

7

Greek Salad  
Tuna Salad Roll  
French Fries  
Lettuce & Tomato  
Lemon Pudding

8

Chicken Soup  
Lemon Chicken  
Sweet Potatoes  
Roasted Veggies  
Challah  
Angel Cake

11

Orange Juice  
Egg Salad and Tuna Salad  
Tossed Salad  
Multigrain Bread  
Chocolate Pudding

12

Taco Salad  
Eggplant Parm Pasta  
Whole Grain Bread  
Fresh Fruit

13

Tossed Salad  
Knockwurst W/Bun  
Baked Beans  
Coleslaw  
Watermelon

14

Tomato Soup  
Baked Macaroni & Cheese  
Steamed Green Beans  
Fruit Cup

15

Chicken Soup  
Orange Chicken  
Baked Potato  
Broccoli & Cauliflower  
Challah  
Chocolate Cake

18

100% Juice  
Egg Salad Sandwich  
Lettuce , Tomato  
Chips  
Cookie

19

Minestrone Soup  
Spaghetti W/ Eggplant & Cheese  
Multigrain Bread  
Fresh Fruit

20

Apple Juice  
Chicken Salad W/ Lettuce, Tomatoes  
Multi Grain Bread  
Banana

21

Orange Juice  
Scrambled Eggs  
Homefries  
Spinach  
Multi Grain Bread  
Fresh Fruit

22

Chicken Soup  
Brisket  
Smashed Potatoes  
Roasted Vegetable  
Challah  
Coffee Cake

25

Tossed Salad  
Fish Nugget Taco  
Coleslaw  
Tortillas  
Melon

26

Vegetable Soup  
Salmon Salad  
Bulkie Roll  
Lettuce & Tomato  
Three Bean Salad  
Fresh Fruit

27

Orange Juice  
Veal Sausages  
Peppers, onions  
French Fries  
Pineapple Slices

28

Carrot Soup  
Noodle Kugel  
Greek Yogurt  
Tossed Salad  
Sliced Peaches

29

Onion Soup  
Moroccan Salmon  
Brown Rice  
Peas & Carrots  
Challah  
Brownies



Meals are served at  
The Dwares JCC  
Monday - Thursday  
and at  
Temple Sinai  
on Friday

Reservations are required  
Please call Neal Drobnis  
401-421-4111 X 107

**Suggested \$3.00 Donation**

Contact Tim at  
Blackstone Health with  
concerns regarding  
food allergies: 401-365-1101

Join us on Zoom or in-person  
for Activities before lunch!  
See back side for  
the weekly schedule!

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Health



## Kosher Senior Café

- The Kosher Senior Café, held in Providence (Monday–Thursday) and in Cranston (Friday), offers delicious kosher lunches and an opportunity to socialize. For those who are unable to travel, JCS also offers Kosher Meals on Wheels.
- Activities and entertainment contribute to the social atmosphere, drawing attendees into a vibrant community.
- All seniors (regardless of religion) age 60 and older, as well as younger adults with a disability, are eligible to dine at the Kosher Senior Café.
- Reservations are required two days in advance for meals. There is a suggested donation of \$3 per meal to help cover costs of the café. (All donations are made anonymously, and no eligible participant will be turned away if they are unable to donate.) There is no charge for scheduled social activities.

## AUGUST 2025 ACTIVITIES

Experience our Tuesday, Wednesday, and Thursday activities firsthand at the Dwares JCC, or join us virtually LIVE on ZOOM!

[Click Here to Access Zoom](#)  
or look for Neal's Weekly Email!

Mondays are held at the JCC, and Friday at Temple Sinai, unless otherwise noted.

### UPCOMING EVENTS

Picnic  
at Goddard Park  
Friday July 25

Field Trip to  
Westerly Wilcox Park  
Tuesday, August 5th

Prom Party  
At Dwares JCC  
Friday August 29

If you use email and do not already receive emails from us, please contact [neal@jcsri.org](mailto:neal@jcsri.org)

MON	TUE	WED	THU	FRI
				The Art of Bath Safety with Randy Hershoff 1
The Art of Poetry 4	The Art of the Field Trip Wilcox Park 5	The Art of Chair Yoga 6	The Art of Larry Harlow and the Unlikely Birth of Salsa 7	the Art of Bingo 8
The Art of Scrabble 11	The Art of Saying Hello 12	The Art of Chair Yoga 13	The Art of Micheal Walczak 14	The Art of Birthday Music TBD 15
The Art of Uno 18	The Art of The Shmooze 19	The Art of Chair Yoga 20	The Art of Reading Book Club 21	The Art of Watercolor Painting 22
The Art of Word Search 25	The Art of Napping 26	The Art of Chair Yoga 27	The Art of Tarts Baking with Sherri 28	The Art of Prom Party at JCC with Music by Jeff 29